



2025-26 SOUTHWEST DEKALB



CHEER TRYOUTS

After reviewing the electronic packet, teacher recommendations & verifying grades, **ALL** candidates who are eligible to participate in tryouts will be notified using the **BAND** app. Please download the app on your phone to receive tryout details (time slot, material videos, etc.). If you do not receive an invite to tryouts via **BAND** app, you are not eligible to participate in tryouts.

PREPARING FOR TRYOUTS:

The cheer, chant, jump sequence and dance routine that candidates are expected to learn will be pre-recorded and available for **ALL** candidates who are eligible to participate in tryouts using the **BAND** app. The scheduled plans for the week of tryouts are as follows:

Sat., March 29 - Sun. March 30, 2025:

Pre-recorded cheer material **VIDEOS** WILL BE **UPLOADED** IN the **BAND** app by the end of the day, 3/29/25. Candidates will have the opportunity to learn the material on their own.

Mon., March 31 & Tues. April 1, 2025

CLINIC OFFERED - 4:00-6:00 pm
(OPTIONAL, NOT MANDATORY!)

Candidates will have the opportunity to practice as a group, get assistance and ask questions, if needed.

LOCATION: GYM

Thurs., April 3

TRYOUTS 4:00 PM - 6:30 PM
LOCATION: GYM

TRYOUTS ATTIRE:

NAVY Soffe **SHORTS** (Amazon, Target, Dick's, Walmart, etc.)
WHITE T-SHIRT (must be tucked in)
WHITE RIBBON/CHEER BOW
WHITE CHEER/TENNIS SHOES
HAIR (ONE PONYTAIL) *HAIR CANNOT EXCEED WAISTLINE

NO JEWELRY OF ANY KIND
NAILS MUST BE SHORT IN LENGTH (NO LONGER THAN THE NAIL BED & NEUTRAL in COLOR)
NO VISIBLE TATTOOS

***Former cheerleaders are PROHIBITED from wearing ANY cheer apparel that distinguishes her/him from the rest of the candidates.**

Results: Candidates will be notified by **TRYOUT NUMBER**

In order to be eligible for Cheer Tryouts, candidates MUST ensure that the following items are UPLOADED by the DEADLINE DATES & TIMES: **(03/25/2025 by 3:30 pm)** (NO EXCEPTIONS):

1. SUBMIT electronic Cheer Application
2. UPDATED Transcript (See Counselor, if needed)
3. Signed Projected Budget/Payment Plan
4. UPDATED physical examination form (DeKalb County Form is 4 pgs.)

A NURSE WILL BE AVAILABLE FOR PHYSICALS (\$25) in the TEAM ROOM (Thursday, 3/20/2025 from 3:30 - 5:30 pm.)

Requirements:

- A. ACADEMIC Eligibility—please note: Candidates are required to meet guidelines set forth by **G.H.S.A. RULE.**

QUESTIONS???

CONTACT Coach Manuel: robynmanuel17@gmail.com

NOTE: Please keep all documents in ONE envelope as they will be collected from ALL candidates who make the teams during our 1st meeting.

The Electronic Cheer Tryouts Application QR Code is located on the school website, Cheer IG, front office & posters around the school.

Upload Required Forms Using the QR Code Below:

